



For Immediate Release

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LaDelia “Cole” McKnight Chosen as a Future Long Term and Post-Acute Care Leader for National Organization

Dallas, TX – Nexion Health announced today that LaDelia “Cole” McKnight, Regional Director of Social Services has been chosen by the American Health Care Association and the National Center for Assisted Living (AHCA/NCAL) as a national, future leader in long term and post-acute care. Cole will join AHCA/NCAL’s Future Leaders program, a year-long program that offers training and guidance for industry professionals.

“I am thrilled to welcome LaDelia “Cole” McKnight to our newest class of Future Leaders,” said Mark Parkinson, president and CEO of AHCA/NCAL. “In the midst of a historic labor crisis in long term care, we need to continue to develop leaders in the profession that will help us build back our workforce of health care heroes. Cole and our other Future Leaders will help transform our profession for the better, and we are honored to help them develop their careers in this rewarding sector.”

From Meera Riner, Nexion Health Chief Operating Officer: We are ecstatic that Cole has been chosen for this prestigious honor. She is an exceptional leader who exudes passion for all people, and we know she will be a wonderful asset to the Future Leaders class.

Cole is a graduate of the University of North Texas where she earned a Bachelor of Social Work. She started her long-term care career as Director of Social Services in 2008 and then transitioned to the role of Administrator where she could pursue her passion for quality improvement, staff development, and culture change. Cole has previously served on the Advocacy Committee for the Texas Health Care Association, the Quality Improvement & Action Committee, and the Workforce Committee for the American Health Care Association.

AHCA/NCAL developed the Future Leaders program in 2004. Selected participants demonstrate both leadership potential and represent the interests of state and national long term care providers. The program covers the latest theories and practical applications in quality management, customer satisfaction, and leadership. The year-long program kicks off with the “Future Leaders of Long Term Care in America” Symposium held each year in Washington, D.C.

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Your local leader in nursing & rehabilitation services.

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ABOUT AHCA/NCAL

The American Health Care Association and National Center for Assisted Living (AHCA/NCAL) represents more than 14,500 non-profit and proprietary skilled nursing centers, assisted living communities, sub-acute centers and homes for individuals with intellectual and development disabilities. By delivering solutions for quality care, AHCA/NCAL aims to improve the lives of the millions of frail, elderly and individuals with disabilities who receive long term or post-acute care in our member facilities each day. For more information, please visit www.ahcancal.org.

Nexion Health affiliates operate skilled nursing facilities in Colorado, Louisiana, Mississippi and Texas and two assisted living facilities in Louisiana. Nexion affiliates provide short-term and long-term care, supported by competent clinical teams that are equipped with the skills, tools and state-of-the-art equipment necessary to take care of the needs of their residents.

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